

# NC Children's Outdoor Bill of Rights

**Every North Carolina child should have the opportunity to...**

Discover, explore and connect with natural spaces and wild places close to home, in neighborhoods and cities in North Carolina, from the mountains to the sea by:

1. Playing in a safe place outdoors,
2. Camping under the stars, learning to swim, riding a bike,
3. Using their senses to experience the natural world,
4. Visiting a farm, seeing how food is grown, growing something,
5. Exploring a stream, splashing in a wave, catching a fish, stomping in a puddle, playing in the mud,
6. Hiking in a natural area and following a trail,
7. Rolling in the grass, playing in the sand, climbing a tree or searching under a log,
8. Sharing nature with a parent, guardian, mentor, teacher or environmental educator, and visiting a zoo, aquarium or environmental education center.